



PRE-WORK  
FOR

THE GOOD \$ENSE  
BUDGET COURSE

**IMPORTANT**

Please read and complete all pre-work prior to attending the course.



## **Dear Good \$ense Budget Course Participant,**

We're glad you're registered for the *Good \$ense Budget Course*! Regardless of your financial situation, a budget—what we call a “Spending Plan”—is the necessary and fundamental tool that enables you to control your money rather than having your money control you. Contrary to popular thought, a Spending Plan is not restrictive; rather, it is freeing. We believe the *Good \$ense Budget Course* will prove this truth to you.

### **Course Goal**

The goal of the *Good \$ense Budget Course* is for you to commit to and begin developing a biblically-based Spending Plan. By the end of the course, you will have a Spending Plan in your hand, the knowledge in your head to implement it, and a commitment in your heart to follow through on it. The commitment of the Good \$ense Ministry is to provide you with the principles, practical steps, and individual assistance to help make that happen.

### **Pre-work**

In order for the course to be as valuable and productive as possible, it is very important to complete the pre-work prior to attending the course. Completing the forms may take several hours so it is advisable to begin as soon as you receive these materials. The information you are asked to collect is confidential and no one else will see it. Throughout the course, you will use your pre-work information to establish your personal Spending Plan.

### **Supplies**

In addition to your completed pre-work, please bring to the course two or three pencils, an eraser, and a pocket calculator.

### **Prayer**

Pray that this experience will be a valuable one for you and the others in attendance, and that we will all grow in our understanding of Biblical Financial Principles and our ability to put them into practice.

Looking forward to seeing you there!

The Good \$ense Ministry

## **PRE-WORK INSTRUCTIONS**

Six forms are included in the pre-work to help you prepare for the *Good Sense Budget Course*. Please allow plenty of time prior to attending the course to gather the information and to complete each form. Instructions to help you complete each form are listed below.

### **Goals to Achieve this Year**

Make it a priority to reflect on your financial goals. If you are married, make time to discuss financial goals with your spouse. These goals will become the basis for shaping your Spending Plan, and they will provide motivation for following through on your decisions in the months ahead.

### **What I Owe**

As you fill out the second column (Amount) of this section, use the total balance due on each item.

### **What I Own**

These sections are optional, but we encourage you to fill them out so you can calculate a simplified version of your “net worth.” Consider that the value of things you own should be the amount you would expect to get if you sold the items.

### **Gift List**

Here’s an often overlooked or underestimated part of spending. Write the names of individuals you will be purchasing gifts for in the coming year. Remember to include cards, postage at Christmas, parties, etc. You may wish to include some money for as yet unannounced weddings, etc.

### **What I Spend**

Gather as much information as you can to determine a monthly average for expenses in each category. Going through your checkbook and your credit card bills for the past year will probably be helpful. Be sure to include periodic expense items such as auto insurance, taxes, etc., that may not be paid on a monthly basis. If you have not kept records in the past, some of the categories may be difficult to estimate. Give it your best

shot, recognizing that if you don't have records showing how much you're spending in a particular area, the amount is probably more than you think it is!

The Income figures at the top of the page should be your take-home pay after taxes and other deductions. Make a note of any deductions (such as medical insurance, retirement, etc.). Where those items occur under expenses, enter the notation "payroll deduction." If your income varies from month to month, use a conservative monthly estimate based on the last two or three years' earnings. Referring back to your income tax records could be helpful in making this determination. Remember, you are looking for after-tax, take-home income.

### **Money Motivation Quiz**

This is an optional exercise that will provide insightful information on your behavior regarding money. If you are married, two copies of the quiz are provided so you and your spouse can both take the quiz. Answers are included on the back of the quiz. No fair peeking before you answer the questions!

## GOALS TO ACHIEVE THIS YEAR

Please allow adequate time to give serious consideration to your goals. Carefully considered, realistic goals—that flow out of what’s really important to you—are powerful motivators. That motivation will be very helpful to you in following through on the steps necessary to achieve your goals.

### OVERALL GOAL

My overall goal in attending this course is:

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### SPECIFIC GOALS TO ACHIEVE

Check the appropriate boxes and write in any details on the lines to the right of each item.

- Pay off debt: \_\_\_\_\_
- Save for a major purchase (home, car, other): \_\_\_\_\_
- Save for a dream vacation: \_\_\_\_\_
- Save for emergencies: \_\_\_\_\_
- Save to replace items that may wear out  
(major appliances, home repairs, car): \_\_\_\_\_
- Save for college expenses: \_\_\_\_\_
- Save for retirement: \_\_\_\_\_
- Increase my giving to the church: \_\_\_\_\_
- Increase other giving: \_\_\_\_\_
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

What I Own (optional)	
I Own (assets)	Amount
Checking Account	
Savings Account	
Other Savings	
Insurance (cash value)	
Retirement	
Home (market value)	
Auto (market value)	
Second Auto (market value)	
Other Possessions (estimate)	
Money Owed to Me	
Other	
Other	
<b>Total of All I Own</b>	

What I Owe			
I Owe (liabilities)	Amount	Minimum Monthly Payment	Interest Percentage
Mortgage (current balance)			
Home Equity Loans			
Credit Cards			
Car Loans			
Education Loans			
Family/Friends			
Other			
<b>Total of All I Owe</b>			

**Net Worth (optional)**

(Total of All I Own – Total of All I owe = Net Worth (in earthly terms, not God's!))\*

\_\_\_\_\_ – \_\_\_\_\_ = \_\_\_\_\_

\*Never confuse your self-worth with your net worth. In God's eyes each one of us is of infinite worth.

## GIFT LIST

List the names of those you for whom you buy gifts and the amounts you typically spend on each occasion.\*

	Name	Birthday	Christmas	Anniversary	Other
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					
17.					
18.					
19.					
20.					
	<b>Total</b>				

GRAND TOTAL \$ \_\_\_\_\_ MONTHLY AVERAGE (Total ÷ 12) = \$ \_\_\_\_\_  
(of all columns)

\*You may wish to also include the cost of holiday decorations, entertaining, etc.

## What I Spend

EARNINGS/INCOME PER MONTH	TOTALS
Salary #1 (net take-home) _____	
Salary #2 (net take-home) _____	
Other (less taxes) _____	
<b>TOTAL MONTHLY INCOME</b>	<b>\$ _____</b>

% GUIDE

<b>1. GIVING</b>		<b>\$ _____</b>
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Church \_\_\_\_\_  
 OTHER CONTRIBUTIONS \_\_\_\_\_

<b>2. SAVING</b>	<b>5-10%</b>	<b>\$ _____</b>
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EMERGENCY \_\_\_\_\_  
 REPLACEMENT \_\_\_\_\_  
 LONG TERM \_\_\_\_\_

<b>3. DEBT</b>	<b>0-10%</b>	<b>\$ _____</b>
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CREDIT CARDS:  
 VISA \_\_\_\_\_  
 Master Card \_\_\_\_\_  
 Discover \_\_\_\_\_  
 American Express \_\_\_\_\_  
 Gas Cards \_\_\_\_\_  
 Department Stores \_\_\_\_\_  
 EDUCATION LOANS \_\_\_\_\_  
 OTHER LOANS:  
 Bank Loans \_\_\_\_\_  
 Credit Union \_\_\_\_\_  
 Family/Friends \_\_\_\_\_  
 Other \_\_\_\_\_

<b>4. HOUSING</b>	<b>25-38%</b>	<b>\$ _____</b>
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MORTGAGE/TAXES/RENT \_\_\_\_\_  
 MAINTENANCE/REPAIRS \_\_\_\_\_  
 UTILITIES:  
 Electric \_\_\_\_\_  
 Gas \_\_\_\_\_  
 Water \_\_\_\_\_  
 Trash \_\_\_\_\_  
 Telephone/Internet \_\_\_\_\_  
 Cable TV \_\_\_\_\_  
 Other \_\_\_\_\_

<b>5. AUTO/TRANSP.</b>	<b>12-15%</b>	<b>\$ _____</b>
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CAR PAYMENTS/LICENSE \_\_\_\_\_  
 GAS & BUS/TRAIN/PARKING \_\_\_\_\_  
 OIL/LUBE/MAINTENANCE \_\_\_\_\_

<b>6. INSURANCE (Paid by you)</b>	<b>5%</b>	<b>\$ _____</b>
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AUTO \_\_\_\_\_  
 HOMEOWNERS \_\_\_\_\_  
 LIFE \_\_\_\_\_  
 MEDICAL/DENTAL \_\_\_\_\_  
 Other \_\_\_\_\_

<b>7. HOUSEHOLD/PERSONAL</b>	<b>15-25%</b>	<b>\$ _____</b>
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GROCERIES \_\_\_\_\_  
 CLOTHES/DRY CLEANING \_\_\_\_\_  
 GIFTS \_\_\_\_\_  
 HOUSEHOLD ITEMS \_\_\_\_\_  
 PERSONAL:  
 Liquor/Tobacco \_\_\_\_\_  
 Cosmetics \_\_\_\_\_  
 Barber/Beauty \_\_\_\_\_  
 OTHER:  
 Books/Magazines \_\_\_\_\_  
 Allowances \_\_\_\_\_  
 Music Lessons \_\_\_\_\_  
 Personal Technology \_\_\_\_\_  
 Education \_\_\_\_\_  
 Miscellaneous \_\_\_\_\_

<b>8. ENTERTAINMENT</b>	<b>5-10%</b>	<b>\$ _____</b>
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GOING OUT:  
 Meals \_\_\_\_\_  
 Movies/Events \_\_\_\_\_  
 Baby-sitting \_\_\_\_\_  
 TRAVEL (VACATION/TRIPS) \_\_\_\_\_  
 OTHER:  
 Fitness/Sports \_\_\_\_\_  
 Hobbies \_\_\_\_\_  
 Media Rental \_\_\_\_\_  
 Other \_\_\_\_\_

<b>9. PROF. SERVICES</b>	<b>5-15%</b>	<b>\$ _____</b>
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CHILD CARE \_\_\_\_\_  
 MEDICAL/DENTAL/PRESC. \_\_\_\_\_  
 OTHER  
 Legal \_\_\_\_\_  
 Counseling \_\_\_\_\_  
 Professional Dues \_\_\_\_\_

<b>10. MISC. SMALL CASH EXPENDITURES</b>	<b>2-3%</b>	<b>\$ _____</b>
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TOTAL EXPENSES \$ \_\_\_\_\_

<b>TOTAL MONTHLY INCOME</b>	<b>\$ _____</b>
<b>LESS TOTAL EXPENSES</b>	<b>\$ _____</b>
<b>INCOME OVER/(UNDER) EXPENSES</b>	<b>\$ _____</b>

\* This is a % of total monthly income. These are guidelines only and may be different for individual situations. However, there should be good rationale for a significant variance.



## MONEY MOTIVATION QUIZ

### Directions

For each of the fourteen questions below, circle the letter that best describes your response.

1. **Money is important because it allows me to . . .**
  - a. Do what I want to do.
  - b. Feel secure.
  - c. Get ahead in life.
  - d. Buy things for others.
  
2. **I feel that money . . .**
  - a. Frees up my time.
  - b. Can solve my problems.
  - c. Is a means to an end.
  - d. Helps make relationships smoother.
  
3. **When it comes to saving money, I . . .**
  - a. Don't have a plan and rarely save.
  - b. Have a plan and stick to it.
  - c. Don't have a plan but manage to save anyway.
  - d. Don't make enough money to save.
  
4. **If someone asks about my personal finances, I . . .**
  - a. Feel defensive.
  - b. Realize I need more education and information.
  - c. Feel comfortable and competent.
  - d. Would rather talk about something else.
  
5. **When I make a major purchase, I . . .**
  - a. Go with what my intuition tells me.
  - b. Research a great deal before buying.
  - c. Feel I'm in charge-it's my/our money.
  - d. Ask friends/family first.
  
6. **If I have money left over at the end of the month, I . . .**
  - a. Go out and have a good time.
  - b. Put the money into savings.
  - c. Look for a good investment.
  - d. Buy a gift for someone.
  
7. **If I discover I paid more for something than a friend did I . . .**
  - a. Couldn't care less.
  - b. Feel it's okay because I also find bargains at times.
  - c. Assume they spent more time shopping, and time is money.
  - d. Feel upset and angry at myself.
  
8. **When paying bills, I . . .**
  - a. Put it off and sometimes forget.
  - b. Pay them when due, but no sooner.
  - c. Pay when I get to it, but don't want to be hassled.
  - d. Worry that my credit will suffer if I miss a payment.
  
9. **When it comes to borrowing money I . . .**
  - a. Simply won't-don't like to feel indebted.
  - b. Only borrow as a last resort.
  - c. Tend to borrow from banks or other business sources.
  - d. Ask friends and family because they know I'll pay.
  
10. **When eating out with friends I prefer to . . .**
  - a. Divide the bill proportionately.
  - b. Ask for separate checks.
  - c. Charge the bill to my bankcard and have others pay me.
  - d. Pay the entire bill because I like to treat my friends.
  
11. **When it comes to tipping I . . .**
  - a. Sometimes do and sometimes don't.
  - b. Just call me Scrooge.
  - c. Resent it, but always tip the right amount.
  - d. Tip generously because I like to be well thought of.
  
12. **If I suddenly came into a lot of money, I . . .**
  - a. Wouldn't have to work.
  - b. Wouldn't have to worry about the future.
  - c. Could really build up my business.
  - d. Would spend a lot on family and friends and enjoy time with them more.
  
13. **When indecisive about a purchase I often tell myself . . .**
  - a. It's only money.
  - b. It's a bargain.
  - c. It's a good investment.
  - d. He/she will love it.
  
14. **In our family . . .**
  - a. I do/will handle all the money and pay all the bills.
  - b. My partner does/will take care of the finances.
  - c. I do/will pay my bills and my partner will do the same.
  - d. We do/will sit down together to pay bills.
  
15. **Bonus question:** Describe how money was handled in your family of origin. Who managed the family budget? Was that person a spender or a saver? Which are you?

**Score:** Tally your answers to questions one through fourteen by the letter of your answer:

- |          |          |
|----------|----------|
| a. _____ | c. _____ |
| b. _____ | d. _____ |

To understand your results, see the explanation on the back of this page.

## UNDERSTANDING THE RESULTS OF YOUR MONEY MOTIVATION QUIZ

Money means different things to different people based on a variety of factors such as temperament and life experiences. Often the meaning of money and the way it motivates us is subtle and something we are not always aware of.

This simple quiz is designed to give you an indication of how strongly you are influenced by the following money motivations: Freedom, Security, Power, and Love. None are inherently good or bad, although each certainly has its dark side.

The key to your money motivation is reflected in the relative number of a, b, c, or d answers.

“A” answers indicate that money relates to **Freedom**. To you money means having the freedom to do what you like.

“B” answers indicate that money relates to **Security**. You need to feel safe and secure and you desire the stability and protection that money supposedly provides.

“C” answers indicate that money relates to **Power**. Personal success and control are important to you, and you appreciate the power money sometimes provides.

“D” answers indicate that money relates to **Love**. You like to use money to express love and build relationships.

One of the keys to managing money wisely is to understand our relationship to it. We hope this exercise gives you some helpful insights. You may wish to share your scores with your spouse or a friend and discuss whether their perceptions of your money motivations are consistent with your scores.