# Holy Week Guide







#### **Palm Sunday**

Triumphal Entry

"Look, your king is coming to you, humble, and mounted on a donkey." - Matthew 21:5

Jesus describes himself as "gentle and humble in heart." Even in this moment of "triumph," Jesus is the humble king. Spend a moment imagining Jesus' gentle and humble heart turned toward you.

#### **Tuesday**

Jesus Teaches on the Mount of Olives | Jesus Predicts His Death

"And what should I say—"Father, save me from this hour?" No, it is for this reason that I have come to this hour."" - John 12:27b

Jesus knew what was in front of him, and yet he pressed on, "for the joy set before him." The thought that carried him to "this hour" was his love for you. Reflect on the fact that Jesus did not ask to be saved from this hour because he loves you that much.

# **Maundy Thursday**

The Last Supper | Betrayal and Arrest | Trial Before the Sanhedrin | Peter's Denial

"Having loved his own who were in the world, he loved them to the end." - John 13:1b

Jesus never stopped loving his disciples above himself. Take some time to imagine yourself in this very scene, with your filthy feet, grimy toes, and Jesus kneeling and washing you clean.

## **Black Saturday**

Sabbath

"On the Sabbath they rested according to the commandment." - Luke 23:56b

In the darkest hour, it seemed that nothing was happening. All Jesus' followers could do was wait, and rest. Yet, God was on the move. What does it look like to rest, even in the darkest hour, trusting that God is at work?

## Monday

Jesus Clears the Temple

"The blind and the lame came to him in the temple, and he cured them." - Matthew 21:14

In the middle of his final, dramatic week on earth, Jesus continued to prioritize the outcast. He always has time for anyone in need. Do you sometimes feel like Jesus must have more important things to do than being with you? Dwell on the truth that nothing matters more to Jesus than to be with you.

#### Wednesday

A Woman Anoints Jesus

"'Leave her alone,' said Jesus. 'Why are you bothering her? She has done a beautiful thing to me." - Mark 14:6

When Jesus says, "Leave her alone!" he defends this woman against her accusers. Jesus defends us, too, both against our self-accusations and the accusations of the Enemy and others. Imagine how Jesus might be standing up for you, and telling your accusers to leave you alone.

## **Good Friday**

Trial Before Pilate | Crucifixion | Burial

"Father, forgive them; for they do not know what they are doing." - Luke 23:34

Among Jesus' last words were a prayer for forgiveness. There is no sin so great that his forgiveness is not greater. Today, repent of your sins and remember he is faithful to forgive.

## **Easter Sunday**

Resurrection

"Blessed are those who have not seen and yet have come to believe." - John 20:29

We weren't there to see the resurrected Lord, and yet our hope is in him! Reflect on the reasons you hold onto this hope and believe, even though you have not seen.