

**Honest to God**  
**Gathering Groups Discussion Questions:**

**Ice Breaker:** What is your favorite way to relax?

**Question #1:**

- How would you summarize the main point of this sermon to someone who was not able to hear it? Take turns answering this question.

**Question #2:**

- Read 1 Corinthians 9:24–27.
- What stands out to you from this passage?
- How does it challenge you?
- What do you sense the Spirit saying to you through it?

**Question 3:**

- What does it look like to live in honesty with ourselves and with God?
- What is the result of being dishonest about these matters?
- Read aloud the signposts of an unwell soul. Open up a time for people to share if they relate to any of these signposts and spend a few minutes praying for each other.