

Hitting the Wall

Gathering Group Discussion Questions

Ice Breaker: What has been the most unusual thing about your life during this time of social distancing?

Question #1: Say something like: “David introduced the idea of living in a time of in-between, what he called liminality.”

- What does it mean to be in an in-between space? How are you experiencing this?
- Why is it so easy to either escape to numb the pain or to look for simplistic solutions?

Question #2: Lamenting is the alternative way forward.

- What does it mean to lament?
- How is this different from complaining?

Question #3: We are all having things to lament during this time.

- What are you lamenting right now? What are the top three?
- How does this make you feel?

Question #4: Read Lamentations 3:22-25.

- What does this say about finding hope in the midst of the pain and the struggle?
- How is this different from finding hope in our circumstances?