

Lamenting A to Z Gathering Group Study Guide

Ice Breaker:

- What is one thing for which you are thankful from this last week?

Question #1: This is a time to reflect on what stood out to you from the sermon. Some questions to prompt this might include:

- What one thing impressed you the most from what Greg shared?
- What were the high points of the sermon?

Question #2: Say something like, “Greg talked about liminality, something that David shared from last week. Let’s go a bit deeper with this.”

- As a reminder, what is liminality?
- What has liminality looked like in your life?
- How does God use this liminal space in a different way from other more stable times?

Question #3: Say something like: “Lamenting is something that most of us avoid. Greg shared how he has avoided it, but all of us avoid it in different ways.”

- Why do you think that we avoid lamenting?
- What are some ways that you have avoided it?

Question #4: Say something like: “Let’s think about how God wants to use lament to do a deeper work in our lives right now.”

- What is one aspect of your life that feels like liminality right now?
- What role has lament played in that?
- How can lament lead to hope? How can it help you see hope in the midst of the pain?