"Please... I Can't Breathe" Gathering Group Study Guide

Ice Breaker:

Where is one place where you have experienced a sense of joy during this last week?

Question #1: In the opening of this discussion, please introduce it by saying something like the following: "We know that this was not the easiest sermon to listen to and it may be uncomfortable to discuss. Please share to the level you feel comfortable and leave space for people who may have different views or experiences that you."

- What stood out to you the most from this message? Why did this impact you so much?
- Were there any challenges to beliefs and practices that you have previously held?
- How have you been complicit to the system?
- How does silence promote the system of racism?

Question #2: Say something like: "Greg talked about the system being developed by white people for the benefit of white people."

- What does it mean to say that the white system is based in white supremacy?
- To what degree do you agree with this teaching?
- How have you experienced this?

Question #3: Martin Luther King Jr. once said, "America has failed to hear that large segments of white society are more concerned about tranquility and the status quo than about justice, equality and humanity."

What is your response to this quote?

Question #4: Say something like: "God is speaking to the church about what it means to bring the kingdom to our world."

- How are you being challenged?
- What is God calling you to do differently?

Question #5: Say something like: "We are going to end with prayer."

- Can we share how each of us needs prayer regarding this topic?
- Spend some time praying for each other.