

Taming the Raging Elephant

Gathering Group Discussion Questions:

Ice Breaker: If you could visit any place in the world, where would that be?

Question #1: Greg introduced the relationship between reason and emotion as it relates to engagement with other people when there is conflict.

- How would you explain the relationship between the elephant and the rider in your own words?

Question #2: These questions are meant to flesh out the idea of the rider and the elephant in your own life.

- Why is it so difficult to let reason actually drive the elephant?
- How have you seen the elephant getting its way in your own life and relationships?

Question #3: Read Proverbs 15:1.

- Why do you think that this is true?
- How have you seen a gentle response change the conversation?

Question #4: Now let's think about our lives and relationships. It's easy to talk about this theoretically. It's harder to practice this teaching.

- How does tapping into the need for love and respect change the interaction?
- What might this look like in a real disagreement?
- Is there a current relationship in your life where you can practice this? What might this look like for you?