Life is Hard. We are Strong. God is Good. Gathering Groups Questions:

Ice Breaker: Who was your favorite teacher in school? Why?

Question #1:

- What impacted you the most from this sermon?
- Why?

Question #2:

- What is the kind of worry or anxiety that Jesus is addressing in the focus scripture?
- What does that look like for you and your life?

Question #3:

- Why is it important to be honest about the challenges that can cause worry in life?
- What happens when you ignore them or fail to see them for what they are?

Question #4:

• How have you surprised yourself with your ability to overcome challenges in the past?

Question #5:

• How does the image of God that you have in your imagination impact your ability to live free of worry?