

Life Beyond Happy
Gathering Groups Discussion Questions:

Ice Breaker: What would your 8-year old self have to say about the person you are today?

Question #1:

- Share a quick summary of this sermon as if you are talking to someone who did not hear it.
- Take turns doing this because different people will emphasize different parts.

Question #2:

- Why is training important for our character formation?

Question #3:

- How does our vision of the goal of life impact our motivation for training?

Question #4:

- If our main goal in life is day-to-day happiness, what impact will this have on our character formation?