

**Upgrade Your Umwelt
Gathering Groups Discussion Questions:**

Ice Breaker: Where is your favorite place to go for a walk? What do you experience there?

Question #1:

- Summarize the sermon in two or three sentences.
- How would you describe umwelt to someone who has not heard the sermon?

Question #2:

- What impacted you the most from this sermon?

Question #3:

- How has the practice of gratitude impacted your ability to see God?
- What occurs when we don't practice gratitude?

Question #4:

- Share a time when you saw something in nature that stirred wonder in your heart.

Question #5:

- Read Ephesians 1:17-19 aloud together.
- Pause after reading it and meditate on this prayer.
- Now, one person read the prayer aloud as a prayer for the group.