

# GROWING IN THE SPIRIT



*Becoming... Building... Bridging...*



## WHC Vision

To be *a community*  
*of spiritually empowered people*  
who reflect God's love  
and advance God's Kingdom  
in St. Paul and the surrounding area  
and to the world as the Lord leads  
working hand in hand with other expressions  
of the Body of Christ  
until all have reached fullness in Christ

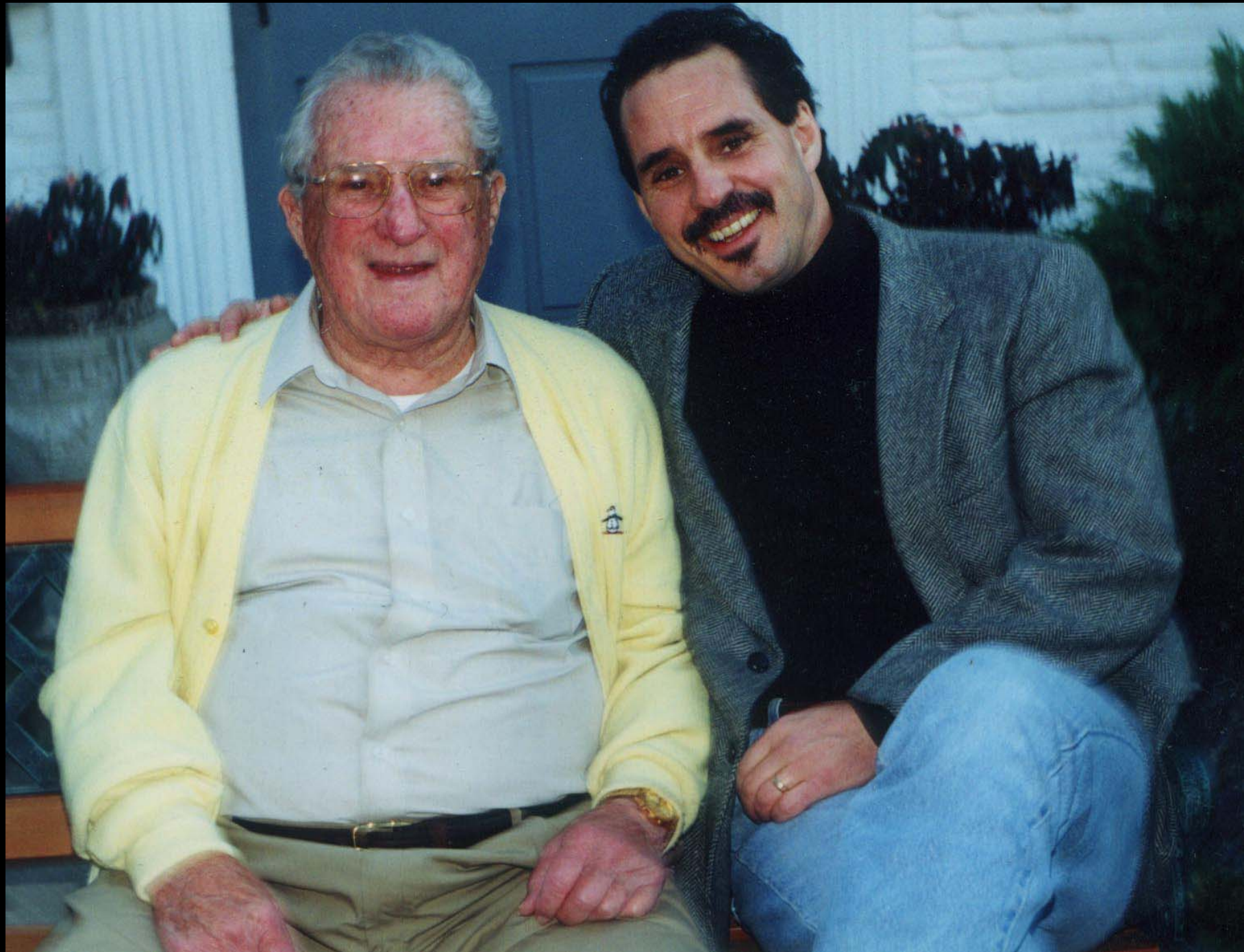
**1Pet. 3:3-4** Do not adorn yourselves outwardly by braiding your hair, and by wearing gold ornaments or fine clothing; rather, let your adornment be the inner self with the lasting beauty of a gentle and quiet spirit, which is very precious in God's sight.

**Eph. 3:16** I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being...

**2Cor. 4:16** So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day.







# 1. *Surrender the Outer Self*

**Rom. 12:1** I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

## **2. FEED the Inner Self**

### **Take Time to**

- \* rest with Jesus**
- \* worship God**
- \* reflect on life**
- \* meditate on Scripture**
- \* listen to God**
- \* exercise spiritual authority**