



1. [Group] title

I love a broad margin in life. Sometimes, in a summer morning, having taken my accustomed bath, I sat in my sunny doorway from sunrise till noon rapt in reverie.

– Henry David Thoreau

2. [Group] title2

Computers, satellites, robotics, and other wizardries promised to make the American worker so much more efficient that income and GNP would rise while workweek shrink. In 1967 testimony before a Senate subcommittee indicated that by 1985 people could be working just 22 hours a week or 27 weeks a year or could retire at 38. That would leave only the great challenge of finding a way to enjoy all that leisure.

– Time Magazine

3. [Group] title2

EXODUS 18:1-6
Now Jethro, the priest of Midian and father-in-law of Moses, heard of everything God had done for Moses and for his people Israel, and how the Lord had brought Israel out of Egypt.
After Moses had sent away his wife Zipporah, his father-in-law Jethro received her and her two sons.

4. title2

Jethro, Moses' father-in-law, together with Moses' sons and wife, came to him in the wilderness, where he was camped near the mountain of God. Jethro had sent word to him, "I, your father-in-law Jethro, am coming to you with your wife and her two sons."

5. title2

EXODUS 18:13-27
The next day Moses took his seat to serve as judge for the people, and they stood around him from morning till evening. When his father-in-law saw all that Moses was doing for the people, he said, "What is this you are doing for the people? Why do you alone sit as judge, while all these people stand around you from morning till evening?"

6. title2

Moses answered him, "Because the people come to me to seek God's will. Whenever they have a dispute, it is brought to me, and I decide between the parties and inform them of God's decrees and instructions."

7. title2

Moses' father-in-law replied, "What you are doing is not good. You and these people who come to you will only wear yourselves out. The work is too heavy for you; you cannot handle it alone. Listen now to me and I will give you some advice, and may God be with you. You must be the people's representative before God and bring their disputes to him. Teach them his decrees and instructions, and show them the way they are to live and how they are to behave.

8. title2

1. SLOWING AND SOLITUDE

9. title2

You will break the bow
if you keep it always bent.

10. title2

1. SLOWING AND SOLITUDE
2. PLAN FOR THE INTERRUPTIONS

11. title2



Margin is the space between our load and our limits. It is the amount beyond that which is needed. It is something held in reserve for contingencies or unanticipated situations. Margin is the gap between rest and exhaustion, the space between breathing freely and suffocating.

12. serm-img-03

1. SLOWING AND SOLITUDE
2. PLAN FOR THE INTERRUPTIONS
3. PUT THE BIG ROCKS IN FIRST!

13. title2

You can make him do nothing at all for long periods. You can keep him up late at night, not roistering, but staring at a dead fire in a cold room...so that at last he may say, as one of my own patients said on his arrival down here, "I now see that I spent most of my life in doing neither what I ought nor what I liked".

– CS Lewis, Screwtape Letters

14. title2

