





### **PSALM 46**

God is our refuge and strength, a very present help in trouble.

Therefore we will not fear, though the earth should change,  
though the mountains shake in the heart of the sea;  
though its waters roar and foam,  
though the mountains tremble with its tumult.

He makes wars cease to the end of the earth;  
he breaks the bow, and shatters the spear;  
he burns the shields with fire.

3. VERSE-BG



“Be still, and know that I am God!  
I am exalted among the nations,  
I am exalted in the earth.”

The LORD of hosts is with us; the God of Jacob is our refuge.

4. VERSE-BG



**EXODUS 22:21**

You shall neither mistreat a stranger nor oppress him, for you were strangers in the land of Egypt.

5. [Group] VERSE-BG



**PSALM 46:9**

He makes wars cease to the end of the earth; he breaks the bow, and shatters the spear; he burns the shields with fire.

6. VERSE-BG



“How we spend our days is, of course,  
how we spend our lives.”

- Annie Dillard

7. VERSE-BG



“The high value put upon every minute of time, the idea of  
hurry-hurry as the most important objective of living, is  
unquestionably the most dangerous enemy of joy.”

- Herman Hesse

8. [Group] VERSE-BG





“Attention is the rarest and purest kind of generosity.”  
- Simone Weil

9. [Group] VERSE-BG



**2 CORINTHIANS 4:13**  
So we do not lose heart. Though our outer self is wasting away,  
our inner self is being renewed day by day.

10. [Group] VERSE-BG



11. [Group] 00\_go-in-peace