

A Farewell to Anger
Gathering Groups Discussion Questions:

Icebreaker:

- What was the high point for you from the last week?

Question #1:

- How would you describe the point of this sermon to someone who was not able to hear it? (Make sure everyone gets a turn because each of you will emphasize a different angle.)

Question #2:

- Read Matthew 5:20-23
- What stands out to you from what Jesus is saying?
- What does this mean?

Question #3:

- How does this teaching about anger challenge the common view of the role of anger?
- How does anger result in judgement?
- Why does holding onto anger lead to self-destruction?

Question #4:

- How do we “rid” ourselves of “anger, rage, malice, slander” etc.?
- How do we do this without pretending that we don’t have these feelings?