

Say Hello to Anger
Gathering Groups Discussion Questions:

Icebreaker

- If you were to be able to travel to any place in the world, where would you go? Why?

Question #1:

- Take some time to summarize Greg's summary of the passage. You can do this by reading the focus scripture above. Talk about what Jesus was saying here. What has stood out to you about this passage?

Question #2:

- What stood out to you from the conversation by the panel?
- Why was that significant?
- How does this help you reframe the role of anger?

Question #3:

- What is the difference between anger as a "noun" and anger as a "verb" as Kevin discussed?
- How can anger as a verb where we use anger to act upon others be unloving?

Question #4:

- How can anger serve as a healthy warning sign?
- What does that look like in your life?